

2024 MHS Cross Country Schedule

*Times/Dates could change - sign up for Remind for all updates @HOUNDSXC

Date	Event	Location	Time/Depart
July 29	Athletic Code Meeting	MHS PAC	6:00pm
Aug 11	Sugar River Run	Bike Haus Shelter	TBD AM
Aug 19	1st Day of Practice	Twining Park	8:00am
Aug 20 - 22	Practice	Twining park	8:00am
Aug 22	Team Camping Trip	Yellowstone Lake (meet at MHS)	2:00pm - Return 11:00am 8/23
Aug 23	Practice	At Camping Trip	TBD
Aug 26	Practice/Time Trial	Twining park	8:00am
Aug 27-30	Practice	MHS	8:00am
Sep 2	Labor Day - Premeet	Twining Park	TBD
Sep 3	Bruess Invite	Twining Park	4:00PM
Sep 4 - 6	Practice	MHS	3:40pm
Sep 7	Verona Invite	Verona High School	9:00am
Sep 14	River Valley	Spring Green Golf Course	8:30am
Sep 19	Boscobel Night Run	Boscobel	5:00pm
Sep 20 - 22	Cheese Days Brat Stand	Monroe	All Weekend
Sep 28	Midwest Invite	Janesville - Blackhawk	9:00am
Oct 5	Dick McKichan Invite	Platteville - UW	8:00am
Oct 12	Baertschi Invite	Albany - Baertschi Farm	9:00am
Oct 16	Team Senior Dinner	MHS	5:30pm
Oct 17	Rock Valley Conference	Whitewater	4:00pm
Oct 24	Sectional Team Dinner	TBD - Monroe	5:30pm
Oct 25	Sectionals	Cambridge - CamRock Park	TBD
Nov 2	WIAA State Meet	Wisconsin Rapids	TBD

Practice will start after school at MHS once the school year starts (3:40 Mon-Thurs, 1:40 Fri)
SUNDAYS - Athlete/Team lead long runs